



UCT LIBRARIES

BC1516 ELEANOR NASH PAPERS

Collection summary

Creator:	Eleanor Scarborough Nash
Title:	Eleanor Nash Papers
Date:	1967-2002
Repository:	University of Cape Town Libraries
Quantity:	16 boxes
Identification:	BC1516
Language(s):	English
Publisher:	UCT Libraries

Abstract:

Papers of psychiatrist Eleanor Nash, attached to the psychiatry department of Groote Schuur Hospital and the University of Cape Town.

Biography

Eleanor Nash qualified as a medical doctor in 1948. After several years in clinical work, she travelled abroad to undertake several specialisations in the area of pulmonology, returning to South Africa, and Groote Schuur Hospital, in 1964. She established the Respiratory Service at Groote Schuur, but soon her orientation changed – weary of organ medicine and technology, she turned her attention to psychiatry and medical education. By dint of hard work and prolific publication, by 1985 she had risen to associate professor within the psychiatry department at Groote Schuur Hospital and the University of Cape Town. She became very involved in undergraduate education. Her own research focused on eating disorders, therapeutic abortion, and psychiatric aspects of organ transplant surgery. She was the lead author of a textbook *Human behaviour* (1990). She reviewed scientific articles for several journals, authored many articles of her own, and participated in conferences and other academic forums locally and abroad.

Scope and contents

The collection comprises materials relating to Eleanor Nash's career as a physician, and her role as an educator. It includes her writings, research projects, lecture notes, and presentations at various professional forums. A large quantity of photographs and slides complement the manuscript component of the collection.

Restrictions

Patient records are restricted.

Acquisition and appraisal

The material in this collection was donated by Eleanor Nash. Appraisal has been performed in accordance with UCT Libraries Special Collections appraisal policies.

Subject headings

Groote Schuur Hospital
Nash, Eleanor Scarborough
Psychiatric facilities, South Africa
Psychiatry, Department of, UCT
Valkenberg Hospital

Inventory

- A Eleanor Nash the physician
- A1 Correspondence (1967-1998)
- A2 Groote Schuur Hospital (GSH) and Valkenberg Hospital
- A2.1 Clippings, promotional materials and commemorative ephemera pertaining to GSH and Valkenberg Hospital (1980-1997)
- A2.2 Obituaries and tributes to staff members (1987-2002)
- A2.3 Patient records (RESTRICTED)

- B Eleanor Nash the educator and academic
- B1 Correspondence (1987-2003)
- B2 Teaching materials (notes, lectures, transparencies etc.)
- B2.1 Career planning in psychiatry
- B2.2 Death and dying
- B2.3 Women in transition: inner change
- B2.4 Value change
- B2.5 Post-partum depression
- B2.6 The patient's view of the gut
- B2.7 Eating disorders
- B2.8 Adult development
- B2.9 Boundaries
- B2.10 Diploma in mental health training programme
- B2.11 Post-traumatic stress disorder

- B2.12 Ethical issues in organ transplants
- B2.13 The organic brain syndromes
- B2.14 Albinism and the concept of body image (1987)
- B2.15 Facilitating the experience of chronic illness (1987)
- B3 Minutes and reports
- B3.1 Minutes of meeting of Postgraduate Medical Centre Committee (16 October 1984)
- B3.2 Minutes of Postgraduate Education Committee meeting (22 May 1984)
- B3.3 Notes on combined meeting of Curriculum Evaluation and Third Year Committees (28 August 1990)
- B3.4 Report on a medical education visit to Transkei (1988)
- B3.5 Report of a meeting between Dept of Psychiatry and Teaching Methods Unit (27 January 1978)
- B3.6 Report on a medical teacher training programme at University of Illinois Medical School (1970)
- B3.7 Report on a visit to six therapeutic communities in the United Kingdom (1979)
- B4 Research and writings
- B4.1 Correspondence with publishers, journals etc. pertaining to research and writings (1968-1996)
- B4.2 Writings
- B4.2.1 Undergraduate psychiatric education (1973)
- B4.2.2 Medical student training in doctor-patient communication (1979)
- B4.2.3 The drama triangle: its interpersonal and social relevance (1987)
- B4.2.4 Therapeutic abortion on psychiatric grounds (1978)
- B4.2.5 Depression in medical women (1988)
- B4.2.6 Anorexia nervosa, bulimia and the dancer (1988)
- B4.2.7 The dynamics of race relations (1987)
- B4.2.8 Psychological manipulation: sensory deprivation (1982, 1986)
- B4.2.9 Assessment of patients for transplant surgery (1987)
- B4.2.10 Teenage pregnancy (1990)
- B4.2.11 Breaking the cycle: psychiatric aspects of illegitimacy (book chapter for *Questionable issue* by Burman and Preston-Whyte, eds., 1992)
- B4.2.12 Perspectives on anxiety (1985)
- B4.2.13 Hypertension in the aged – psychosocial and psychiatric concomitants in a coloured community (1985)
- B4.2.14 Lessons of Laingsburg: a psychiatrist's view (1984)
- B4.2.15 Disaster syndrome
- B4.2.16 Anorexia nervosa and running: an exercise in mastery (1987)

- B4.2.17 Burn-out a hazard for all health professionals (1986)
- B4.2.18 Mid-life crisis (1990)
- B4.2.19 Outcome of hospitalised anorexics and bulimics in Cape Town, 1979-1989 (1993)
- B4.2.20 Psychiatric aspects (chapter in *The transplantation and replacement of thoracic organs* by Cooper and Novitsky, eds., 1990)
- B4.2.21 The therapeutic sterilisation of the mentally handicapped (1992)
- B4.3 Book reviews by EN and of EN's writings (2 files) (1970-1990)
- B4.4 Collected resource materials related to specific areas of research interest
 - B4.4.1 Abortion (9 files) (1980-1999)
 - B4.4.2 Hoffenberg banning (1 file of clippings) (1967-1968)
 - B4.4.3 Steve Biko inquest (1 file of clippings) (1980)
 - B4.4.4 The Laingsburg flood disaster (1981)
- B4.5 Supervision of research by others (1 file) (1988-1989)
- B5 Attendance and participation in international and local seminars, congresses, conferences etc. (5 files) (1969-2001)
- B6 Eleanor Nash as expert witness in the case of Abdul Aziz Kader (case A.2029/88, Supreme Court, Transvaal Provincial Division)
 - B6.1 Court records
 - B6.2 Clippings
 - B6.3 Medical records (RESTRICTED)

- C Eleanor Nash's involvement in professional organisations
 - C1 Medical Association of South Africa (1969-1998)
 - C2 The Society of Psychiatrists of South Africa (1986-1999)
 - C3 South African Institute of Psychotherapy (1978-2001)
 - C4 American Psychiatric Association (1990)
 - C5 World Federation of Mental Health (1980-1989)
 - C6 The South African Society for Medical Women (1981-1995)
 - C7 South African Society of Marital and Family Therapy (1994)
 - C8 Albert Einstein College of Medicine (1990)
 - C9 Friends of Valkenberg

- D Certificates

- E Photographs (4 boxes, some OS) (Note: photographs that accompanied this collection have been incorporated into the Manuscripts and Archives Photograph Collection)